

# QPR Gatekeeper Training

*Three steps anyone can learn to help prevent suicide:  
Question. Persuade. Refer.*

**Saturday, April 27, 2024  
9:30 a.m. - 11:00 a.m.**



Washington Ambulance  
Association  
109 Bee Brook Rd  
Washington, CT 06794



## Key Components Covered:

- How to **Q**uestion, **P**ersuade, and **R**efersomeone who may be suicidal.
- How to get help for yourself or learn more about preventing suicide.
- The common causes of suicidal behavior
- The warning signs of suicide.
- How to get help for someone in crisis.



**Questions? Email Donna Bielefield**  
[donna.bielefield@mccallbhn.org](mailto:donna.bielefield@mccallbhn.org)

**Open to the community.**  
**Scan here to RSVP!**

